



2022 Newsletter

June Extra

Celebrating the Queen's Platinum Jubilee



You are invited to

A Poppy Café Queen's Platinum Jubilee Tea Party

On Tuesday, 7 June 2022, 10.30am – 12.30pm

At the Meeting Room, St Andrew's Church

Lots of fun and lovely refreshments!



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Lee is currently in full swing preparing activities for this special occasion, including a quiz about what the Queen might carry in her handbag! Could you win a prize for guessing correctly or will we never know the real answer?

Word has it that he is also organising photos shots 'with the Queen', so remember to pop on your party dress or come in your best bib and tucker!

Helen's sponsored walk - the 'Walk 30 miles in April Challenge' that Scott and I did for Dementia UK, raised over £260,000 of which we contributed what I think is an amazing £555 thanks to people from the Poppy Café and others. It certainly was a challenge and discipline. Thank you again!

"CONGRATULATIONS"
SCOTT AND HELEN

Old Friends and New

Some of you will remember Claire Campbell Jones who used to attend Poppy Café with members of her family: Jim, Wendy and James. The family moved to Wales a few years ago and it is with sadness that we have learnt of her recent death. Our condolences go to all members of Claire's family.

POPPY CAFE - Every Monday and Tuesday morning from 10.30am to 12.30pm

POPPY PM - Every 2nd & 4th Thursday afternoon of the month, from 2.00 - 3.30pm.

Cafés are held in St. Andrew's Meeting Room, Holt, NR25 6BB

POPPY FRIENDS meets on the last Friday of the month

POPPY HOME VISITING is for family members or carers who look after those with dementia in their own homes. Visits are provided by trained volunteers to suit the needs of the clients and their families.

'This Is Me' Leaflets provide a most useful source of detailed, personal information for those requiring hospitalisation or in need of professional care in the home. Everyone using our services is encouraged to complete one and to keep it at home in an accessible place. The leaflets are produced by the Alzheimer's Society and are available for you to collect from the Welcome Desk.

Dementia Adventure is an award winning charity based in Essex which offers **free online training for home carers**. It also organises Dementia Holidays. Further information may be found by ringing 01245 237548 or on their website: dementiaadventure.co.uk

Transport to Poppy Café and Poppy PM can be arranged with Holt Caring Society
Tel. 01263 711243

Some Dates for Your Diary

Annual General Meeting

Holt & District Dementia Support's AGM will be held on **Monday 6th June at 2.00pm** in the Church Hall. Please hand in your completed client/volunteer questionnaire prior to the meeting.

Poppy Cafe Activities 10.30am -12.30pm (NB Café open every Monday & Tuesday a.m.)

Tuesday 7th June

A Morning to celebrate the Queen's Platinum Jubilee

11.00 am Visit of Tilly, the PAT dog & Elizabeth

Tuesday 14th June

11.00 am Angela Dugdale's 'Music is Magic' Choir

Tuesday 28th June

11.00 am Singing Café with Richard & Steve

Poppy PM 2.00 - 3.30pm (on the following 2nd and 4th Thursdays of the month)

Thursday 26th May

Thursday 9th June

Thursday 23rd June

NB There will be not be any Poppy PM sessions during the months of July and August.

PLEASE NOTE: From Tuesday 12th July until Tuesday 2nd August

Poppy Café will be held in Loades Hall, Holt, NR25 6SA

(behind the Methodist Church)

There is limited parking at the rear of Loades Hall.

'Poppy Friends' Meetings 1.00 - 2.00pm on : **Friday 27th May** and **Friday 24th June**

An informal support group that meets once a month, providing an opportunity for both carers and ex-carers to chat, lend a friendly ear and share experiences at The Treehouse Café in Charles Road. Please let Helen know if you would like to attend - 01263 711870.

Dementia Adventure - dates of online 'Understanding Dementia Better' course:

Wednesday 8th June from 10.30 - 12.30 and **Monday 13th June** from 18.00 - 20.00

Contact: Telephone 01245 237548

NB for more please see overleaf

Tractor Run - The Holt Tractor Run organised by Wally Bloomfield is to be held on **Sunday 3rd July**, the proceeds of which are generously donated to our charity.

For further information please visit our website: www.holtdementiasupport.org.uk

Registered Charity Number: 1179793

Patron: The Rt. Hon. Sir Norman Lamb, DL